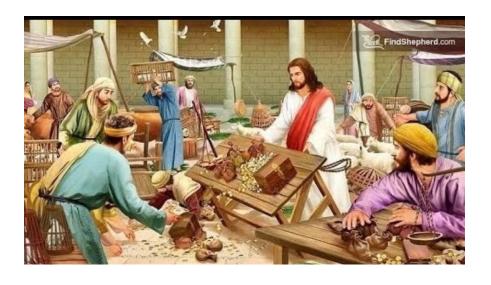
# Absecon Presbyterian Church

# PRESBY BITS AND PIECES

Sunday, March 3, 2024

#### **JOHN 2:13-16**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told those who were selling the doves, 'Take these things out of here! Stop making my Father's house a market-place!'



## **UPPER ROOM**

FYI: Upper Room only sent the small booklets this month for March and April. They have been contacted many times in the last three weeks and they are unreachable. If and when the larger books become available they will be added to the table in the atrium.



# SERVING THIS MORNING:

LAY ASSISTANT: Karen Little

**USHERS:** Rita and Vic Abelson

# ATTENDANCE LAST WEEK:

Worship – 57 Sunday School - 5

## **SUNDAY WORSHIP**

at 10:30 In Person or Online on APC Facebook page at www.facebook.com/ abseconpresby

## **REV. JUDY FIOCCO**

#### **SERMON TITLE:**

"God's Foolishness"

John 2:13-22 1 Corinthians 1:18-25

# **UPCOMING EVENTS**

## ADULT BIBLE STUDY GROUPS

Wednesday mornings at 11:00 am with Rita Abelson Wednesday evenings at 6:30 with Tina Harvey

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## COMMUNION AND REV. JUDY FIOCCO'S FIRST SERVICE AS OUR NEW MINISTER

## **BLOOD DRIVE**

Monday, March 18, 2024 1:00 pm - 6:00pm \*\*\*\*\*\*\*

## **HOLY THURSDAY**

March 28, 2024 at 7:00pm

# **GOOD FRIDAY**

March 29, 2024 at 2:00pm Combined service at Ocean Heights Presbyterian Church with Rev. John Nurnberger leading the service.

# Prayers of the People

Each week the people of God at APC join in prayers of thanksgiving, praise and petition to pray as one community for needs in the church. Praying for others keeps our focus outward and opens us up to know the will of God in our own lives. Consider making these prayer lists part of your daily prayer life. Doing so, may just help your feelings of isolation. Through prayer, the Holy Spirit brings others, even strangers, closer to you.

# Please Keep These Requests In Prayer

The prayer book is on the table in the vestibule by the side entrance to the sanctuary. Please write any requests/praise items you wish to be included in prayer during worship.

Keep in mind that Facebook comments and requests read by the minister during worship are being recorded for broadcast and can be heard by the general public worldwide. For the privacy of those you are praying for, consider using just a first name or making your prayer requests general in nature.

- † For victims of gun violence and their families
- † Peace in Ukraine, Middle East and other countries experiencing conflicts.
- † Members of our armed services.
- † For confidence to know that in the struggle, God is with us.
- † For renewed commitment to God's purpose in us all.
- † For us to come together in the bond of self-giving love.
- † For renewed energy in finding our place in God's church, as people who pray, share and volunteer.
- † For wisdom and discernment when facing the unknown.
- † For God's church to embrace the poor and marginalized, to see God's image and be God's image in this broken world.
- † For a revival in our faith to live boldly for God's Kingdom.
- † For these individuals and families in acute need right now who are connected to your church in Absecon.
- † For those on our standing prayer list and for the needs of your church not listed here, including those intentions held in our hearts and those shared in the comments of Facebook.

# For these the individuals and families in acute need right now who are connected to your church in Absecon:

Kathy Bordanora, Maddie Caracozzo, The Carpenter Family, Aspen Channell, Don Croneberger, The Family of Jean Delesantro, Robin Deaver, Baby Dom, Jerry Falivene, Cathy Follansbee, Billy Fornwalt, Wendy Garwood, Christoper Green, Carol and Dave Guenther, Margareta Gustafasson, John Harvey, Jack and Dee Heil, Nelson Haws, The Hughes Family, Carol Crisafulli Johnson, Susan Lobrano, Bob Kitchell, Walter Koteles, Sr. Carol McDowell, Jim McManus, The Morris Family, Lisa Nagle, Jan Rogiers, Dave Stebbins, Judy Stebbins, Sandy Sylvester, Stan Weir, The Family of Bruce Winter, The Family of Richard Wood.

# **Continued prayers always for:**

Rita Abelson, Kathy Boyte, Edith Budd, Emilia Carboy, Lucy Cronberger, Darryl, Khristen and Quetin, Olga Davies, Carol DeLaurentis, Marie C. and Carmen Devece, Gail Driscoll, Kavonna and Essence, Dorie Keener, Eric Lajeuness, Aiden and Wendy Licolli, Marge Loeb, Robin McBrearty, JoAnn Morgan, Essie Newell, Rob Perry, Joyce Pfeiffer, Marilyn Rosado, Irene Smith, Georgina Umoren, Mary Umoren and Family, Ethel Washington, Frances Weir, Dirk Williamson

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#### PRAYER SHAWL GROUP

# Please join us for Coffee Mingle

All are welcome to gather in Madden Hall following Sunday worship.

Brought to you by your Church Family and Fellowship Committee.

Help is needed with set up, clean up, and providing baked goods, cookies, etc.

If you are able to assist in any way please sign up on the clipboard in the vestibule.



# Sunday, February 18, 2024

General Envelopes Undesignated (includes Loose Offerings) Envelopes Designated Initial Offering - 2024 Per Capita - 2024 Energy Christmas Gifts Online - Undesignated Online - Designated Online - Energy General Total	\$751.68 \$790.00 \$2.00 \$38.00
Benevolence Envelopes Undesignated (includes Loose Offerings) Envelopes Designated Online - Undesignated Online - Designated Online - One Great Hour of Sharing Mission Bouquet	\$86.40 \$10.00
Online - Undesignated Online - Designated	
Benevolence Total	\$96.40
Capital Expenditures Envelopes Undesignated (includes Loose Offerings) Envelopes Designated Online - Undesignated Online - Designated	\$25.92 \$221.00
Online - Undesignated Online - Designated	
On-line Fund Raiser  Capital Total	\$246.92
Combined Total	\$1,925.00

# **Word Search Puzzle**

From WhenWeWordSearch.com

Words in a straight line left to right or top to bottom

March 3, 2024

**JOHN 2:13-16** 



# Words in the puzzle are printed in **bold italics**

The *Passover* of the *Jews* was *near*, and *Jesus* went up to *Jerusalem*. In the *temple* he *found people* selling cattle, sheep, and doves, and the *moneychangers seated* at their *tables*. Making a *whip* of *cords*, he *drove* all of them out of the temple, *both* the *sheep* and the *cattle*. He also *poured* out the *coins* of the money-changers and *overturned* their tables. He *told* those who were *selling* the *doves*, 'Take these *things* out of here! *Stop making* my *Father's house* a *market place*!'



#### **OLGA DAVIES**

Olga's eyesight is failing.
If you would like to call or visit,
her new address is:
Meadowview Nursing Home Room #182A
Northfield, NJ 08225
609-645-5595

## **MARGE LOEB**

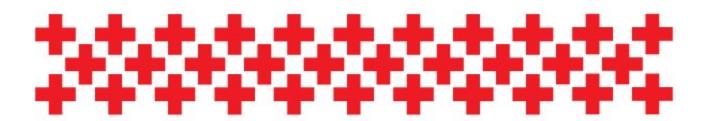
If anyone would like to send Marge a card, her new address is:
Marge Loeb, Floral Creek Room 25A
600 Township Line Road, Yardley, PA 19067

## **DON CRONBERGER**

If anyone would like to send Don a card, his new address is: Don Cronberger, c/o Spring Home at Galloway Room D9, Galloway, NJ 08205

# **American Red Cross**

Give blood. Help save lives.



# Blood Drive Absecon Presbyterian Church

Hall 208 New Jersey Ave. Absecon, NJ 08201

# Monday, March 18, 2024 1:00 p.m. to 6:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: APC to schedule an appointment.

Maximize your blood donation. Help more patients.

If you are an eligible type O, B - or A - donor, consider making a Power Red donation.

Red blood cells are the most commonly transfused blood component.

Come to give March 1-24 for a \$10 e-gift card to a pet supply merchant of choice! Give blood, treat your pet & make a paw-sitive impact this spring. PLUS automatically be entered for a chance to win a \$3K gift card (5 winners)! Terms: rcblood.org/Pets.

# Sister Jean's Food & Clothing Pantry

Believe it or not, the otherwise helpful government program SNAP, does not cover these essentials!?!

There is a big demand for dish soap and toilet paper and other cleaning products. They need the sizes for home use, not bulk containers as these are for individuals. Even just grabbing a few items at a dollar store will help. Don't forget dish cloths and sponges... you know, the essentials.















Please help replenish our homemade soups and breads for our shut-in members.

LABEL your soups and breads and please, DO NOT use nuts in your receipes as many people have an allergy to them.

Please put DATE on label.





Atlantic County
Division of Public Health
Newsletter
Winter 2023

# Tips for Healthy Eating on a Budget

Get the biggest nutrition bang for your buck

- Plan out a few meals for the week and make your shopping list based on these ingredients.
- Choose meatless meals. Plant proteins such as beans and tofu are generally more affordable than meats and fish.
- Don't shop on an empty stomach. Munch on a piece of fruit or some nuts before entering the store.
- Allow for flexibility in your shopping list if fresh produce or poultry and fish are on sale, purchase extra quantities and freeze them for later use. Meats, fish, bananas, berries, avocados, broccoli, cauliflower, and corn freeze well.
- Purchase nonperishable foods in bulk. It may cost more upfront to buy "family-sized" products like whole grains, lentils, and dried beans, but the cost per unit is usually cheaper.
- **Buy store-brand items**. They're generally cheaper because less money is spent on advertising and fancy food labels.
- Use what you have before buying more. Take inventory of all the food in your kitchen twice a month. Bring forward the buried items and plan meals based on these ingredients.

# Low cost, nutritious foods: Proteins

Beans, Peas, Lentils (dried, frozen, canned)
Canned fish (tuna, salmon, sardines)
Lean ground turkey, Chicken thighs (remove the skin)
Peanut butter, Low-fat cottage cheese
Tofu, Eggs

#### **Produce**

Leafy greens (kale, collards)
Whole heads of lettuce or cabbage
Broccoli, Radishes, Carrots
Apples, Bananas
Frozen unsweetened fruit
Frozen or canned vegetables (no salt added)

#### Whole grains and pastas

Store-brand high-fiber cereals (plain shredded wheat, bran)
Whole rolled oats
Whole grains (brown rice, millet, barley, bulgur)
Whole grain pasta

#### Snacks

Peanuts, Popcorn cooked in an air-popper, String cheese



# Free Flu Vaccination for adults 18 years and older

No appointment needed

Walk-In Tuesdays 9am - 12noon 201 S. Shore Rd, Northfield

Walk-In 3rd Tuesday 10am - 12noon 310 Bellevue Ave, Hammonton

Pediatric Flu Vaccination for children 6 months –18 years old Available by appointment. Call 609-645-5933

# Beat the Winter Blues

Feeling sad when the weather and seasons change is common. To beat the winter blues, get moving. 20 minutes of activity four times a week has been shown to lift your mood. Get out in the sunlight or brightly lit spaces, especially early in the day. Set your alarm clock and stick to a sleep routine. Try to spend time with family and friends. Eat healthy foods and avoid overloading on sugar and carbohydrates like cookies and candies.

See a mental health professional if sadness doesn't go away or interferes with your daily life. For mental health resources visit www.mhaac.info. If you or someone you know is struggling or having thoughts of suicide, call or text the Suicide and Crisis Lifeline at 988 or chat at 988 lifeline.org. In life-threatening situations, call 911.



# Peanut Butter and Jam Sandwiches Ministry



We need volunteers to make sandwiches!

We need donations of peanut butter and/or jam!

Just leave the jars in the kitchen with a note saying it's for PB&J Ministry.

We need donations to purchase fresh bread!

Questions?

Please see or oall Betty Price at 609 457-5155.

Your gifts and/or time will be very much appreciated!

How fortunate the Church is to have Betty Price and Jo-ann Weller who meet every other Thursday at 8 a.m., in the Church kitohen and make peanut butter and Jam sandwiches for the Resoue Mission In Atlantio City. Maybe you could give them a helping hand.

Be assured, the Resoue Mission patrons appreciate everything that they receive.



#### **EASTER FLOWER ORDER FORM**

Honor a loved one by purchasing a memorial Easter plant for our sanctuary for Easter Sunday. (A variety of spring flowering plants have been pre-ordered.) Orders **MUST BE IN THE OFFICE BY SUNDAY, MARCH 10, 2024**, and may be submitted with payment by mail or in the offering plate. Plants can be taken home following the Easter Sunday Service on March 31, 2024. The remaining plants will be shared with our shut-ins.

Please mark your flower choice: To	ulip(s) Lily (s) Hyacinth(s)
Given by:	Phone:
Number of Plants at \$7.50 each	Amount Enclosed \$
	MISSION BOUQUET FORM
mount, please fill in the following and RETU	MISSION BOUQUET FORM  I go to our Mission work of our church. If you would like to give a donation in a RN TO THE CHURCH OFFICE NO LATER THAN SUNDAY, MARCH 10, 2024. Cheyterian Church with "Mission Bouquet" on the memo line.
mount, please fill in the following and <b>RETU</b> re to be made payable to the Absecon Presb	I go to our Mission work of our church. If you would like to give a donation in a
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Given by: \_\_\_\_\_\_ Phone: \_\_\_\_\_